

Healthy Workplace Group

Kernow Clinical Commissioning Group



Health and wellbeing champion

Is health and wellbeing important to you?

Is having a healthy workplace a priority?

Do you have ideas which support health and wellbeing at work?

If the answer to any of these is yes, then you might be the ideal candidate to represent your work area. We are currently looking for new members of the Healthy Workplace Group, particularly from people who work on the Mezzanine at Sedgemoor, Daromaba House and Truro Health Park but we would welcome new members from any part of the organisation.

We are looking for ideas on how we can help improve the following areas:

- General health
- Work – related health and wellbeing
- Provision of health services

If you would like more information about the opportunity to shape the Health and Wellbeing Strategy for NHS Kernow please take a leaflet or contact Tracey Coles or Emma Goudge. Alternatively, you can also find out more from our current health and wellbeing champions:

Andrew Abbott
Emma Goudge
Jo Dolton

Tracey Coles
Rebecca Johns
Julieann Carter

Rachel Brobin
Jeannette Harris
Terry Ancell

Karen Twiggs
Julian Docker
Ben Mitchell



**The next healthy workplace meeting is
8 April 2015**

**What do you think we should focus on in 2015/16?
Tell us more in our Suggestion Box!**