



Public Health
England

Health, Work and Public Health

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Overview

1. **Work and Public Health**
2. **The Case for Action**
3. **What Health and Work Means Today**
4. **The Challenges**
 - nationally
 - locally/regionally
5. **Discussion**



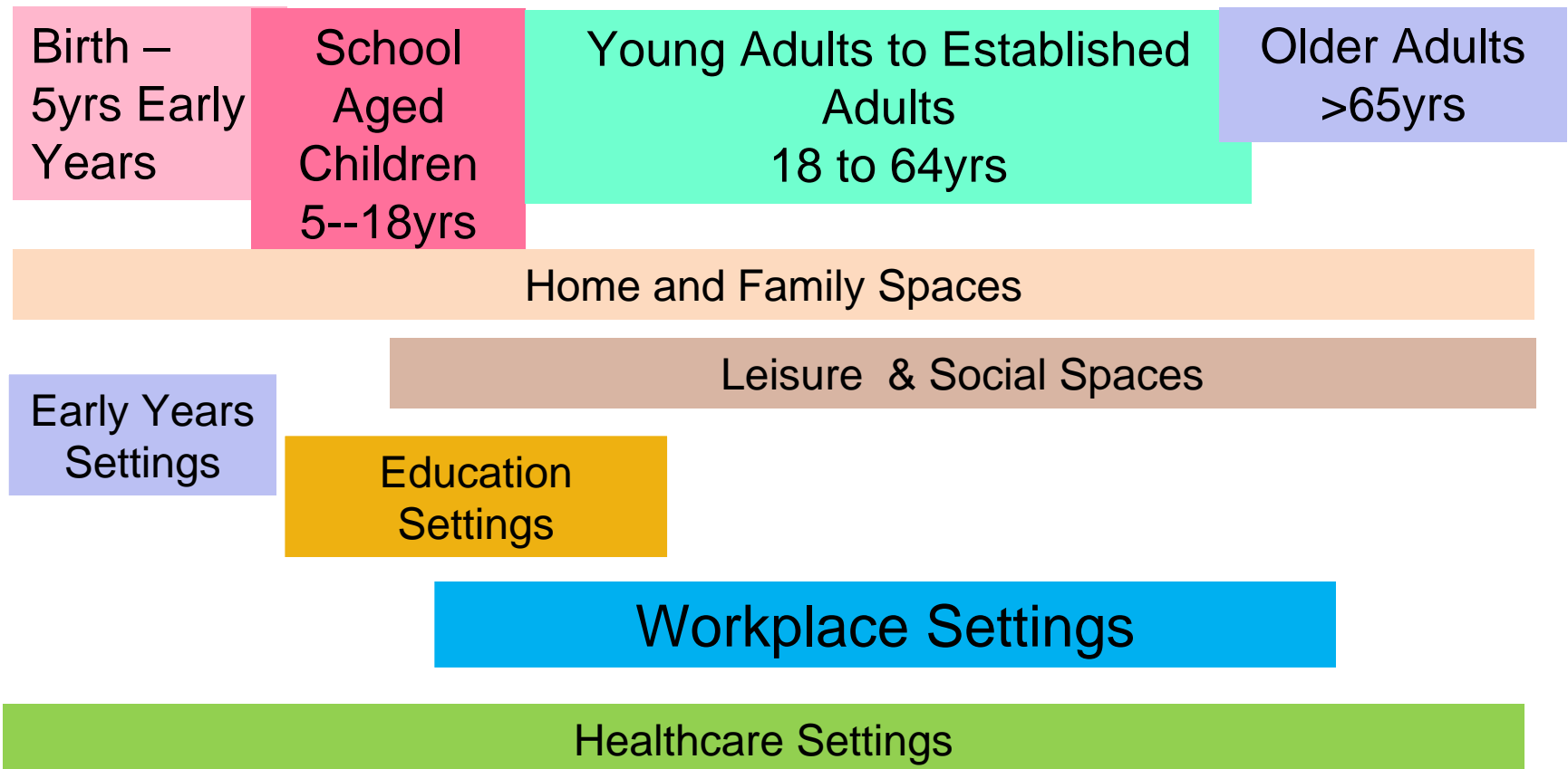


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1. Work and Public Health



Places and People





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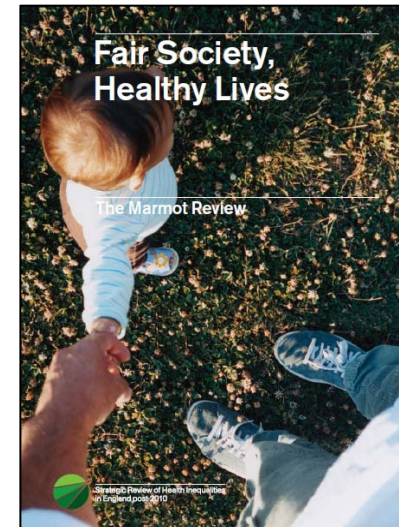
“It is the working man who is the happy man. It is the idle man who is the miserable man.”

Benjamin Franklin, C.18



“Being in good employment is protective of health. Conversely, unemployment contributes to poor health.”

Marmot Review, 2010





It's the Quality of Work that Counts

Opportunities	Barriers
Source of identity and purpose	Source of stress and strain Some jobs give little autonomy
Source of friendship and connection	Incidence of workplace bullying and discrimination
Source of Routine	Long hours culture, unsociable working patterns
Provides a source of income	Low pay and high travel costs



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2. The Case for Action



The Business Case

- **140 million working days are lost to sickness each year**
- **Workplace injuries and ill-health cost society an estimated 13.4 billion a year**
- Productivity and the impact of presenteeism
- “Other” benefits





Part of the South West Picture

	England	South West	Bath & NE Somerset	Cornwall	Devon	Dorset
1.09i Sickness Absence - % day off in previous week	2.2	2.5	2.6	2.5	2.4	2.4
1.09ii Sickness Absence - % of working days lost due to SA	1.5	1.7	1.6	1.5	1.7	1.6
1.08i – Gap in employment rate for LTC	7.1	5.4	3.5	5.1	4.9	3.6
1.08ii – Gap for LD	63.2	67.6	65.0		67.1.	72.5
1.08iii – Gap for MH	62.3	63.8	57.3	60.9	66.3	70.4
2.13ii - % of inactive adults	28.5	26.8	22.9	28.8	26.0	28.1
2.12 – Excess weight in adults	63.8	62.7	55.7	69.8	60.6	62.4



The Business Case

- 140 million working days are lost to sickness each year
- Workplace injuries and ill-health cost society an estimated 13.4 billion a year
- **Productivity and the impact of presenteeism**
- **“Other” benefits**





The Moral Case





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3. What Health and Work Means Today



Promoting Healthy Choices



The Non-Communicable Disease challenge

Burden of disease attributable to 20 leading risk factors, expressed as percentage of UK DALYS

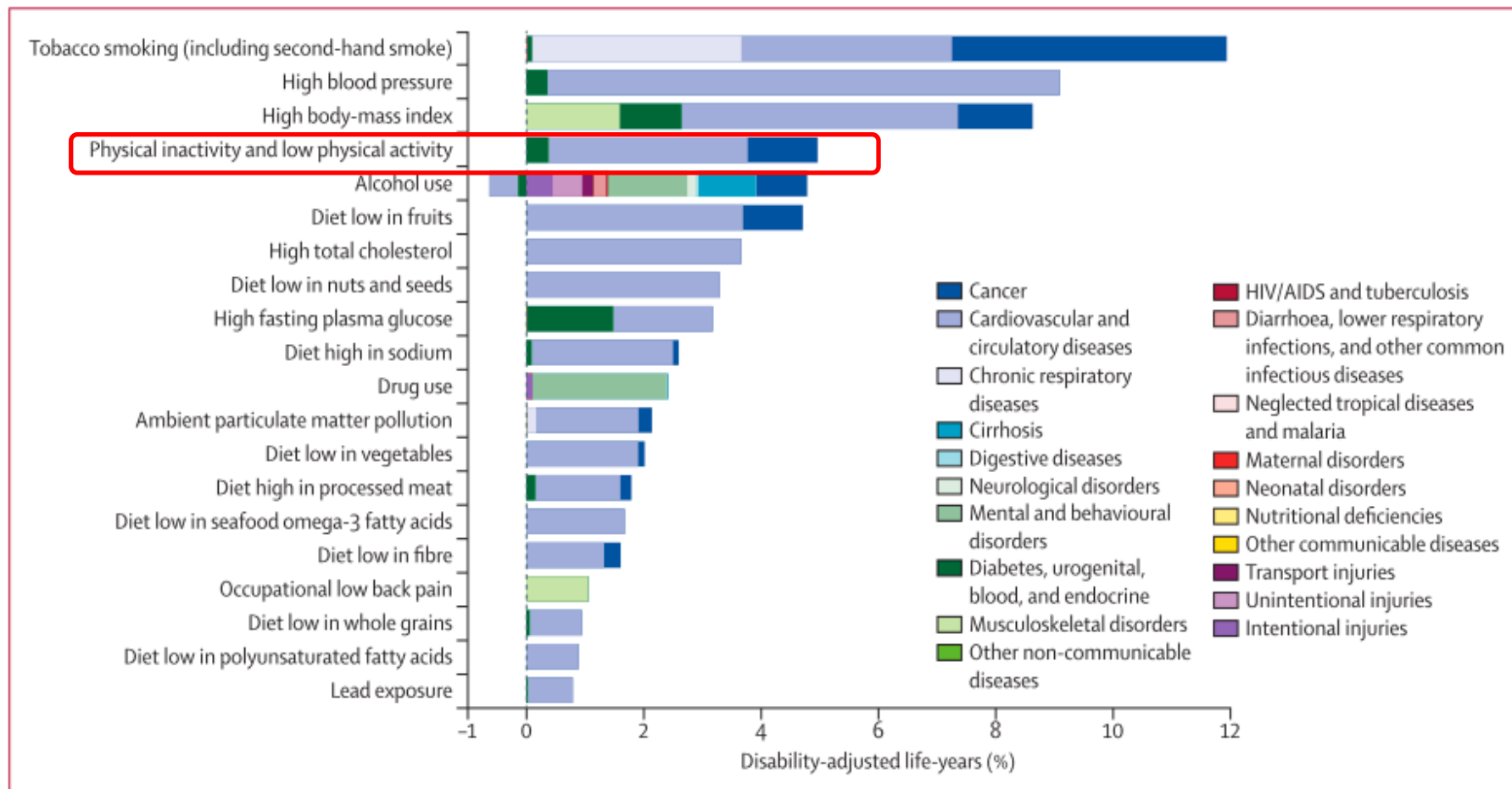


Figure 7: Burden of disease attributable to 20 leading risk factors for both sexes in 2010, expressed as a percentage of UK disability-adjusted life-years. The negative percentage for alcohol is the protective effect of mild alcohol use on ischaemic heart disease and diabetes.



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Mental Health





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Workplace Health

- A blended approach
- System of Accreditation
- Well established
- Recognition





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4. National Challenges



What does the future hold?

- Launch of the new logo and standard to support workplace wellbeing charter schemes, with more schemes nationally
- Focus on impact of ageing on the work patterns and approaches
- Developing the commissioning of wellbeing services and evidence base for what works
- Being exemplar of best practice
- Launch of the health and work service
- Continued use of the fit note
- And...



Public Health Responsibility Deal

“The Responsibility Deal is a Coalition response to challenges which we know cannot be solved by regulation and legislation alone ...”

. a partnership between Government, business and other organisations that balances proportionate regulation with corporate responsibility.”

Established 2010

The **partners are working together** to:

- recognise their vital role in improving people’s health
- actively support our workforce to lead healthier lives
- encourage and enable people to :
 - be healthy and in work
 - adopt a healthier diet
 - be more physically active
 - drink responsibly.

The Responsibility Deal is delivered through **five networks** :

- Food
- Alcohol
- Physical activity
- Behaviour change
- **Health at work**



Health and Work Pledges

Nine collective pledges :

- **H1. Chronic conditions guide**
 - **H2. Occupational health standards**
 - **H3. Board Reporting on health and well-being**
 - **H4. Healthier staff restaurants**
 - **H5. Smoking cessation/Respiratory health**
 - **H6. Staff Health checks**
 - **H7. Mental Health in the workplace**
 - **H8. Young persons' health at work**
 - **H9. Domestic violence**
- plus one pledge specific to the construction industry.**



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4. Local/Regional Challenges



Some things to consider...

The use of
Evidence

Supporting
an Ageing
Workforce

Support for
SMEs

Align with
Business
Strategy

Top-down
and
Bottom-up

Benefits of
Good health



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Celebrate the Successes and...





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Thank you

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