Calendar of Health Related Events
July – December 2014
July 2014

Twins, Triplets & More Week
30 June - 6 July 2014
Twins and Multiple Births Association
H: 0800 138 0509
T: 01483 304 442
E: enquiries@tamba.org.uk
W: www.tamba.org.uk/home

Sickle Cell Awareness Month
Whole of July 2014
Sickle Cell Society
T: 0208 961 7795
E: info@sicklecellsociety.org
W: www.sicklecellsociety.org

The Samaritans Awareness Month
Whole of July 2014
‘Talk to us’
The Samaritans
H: 08457 90 90 90
T: 0208394 8300
E: admin@samaritans.org
W: www.samaritans.org/

National Motivation Day
1 July 2014
National Motivation Day office
E: info@nationalmotivationday.co.uk
W: www.nationalmotivationday.co.uk

World Hepatitis Day
28 July 2014
World Hepatitis Alliance & World Health Organisation

August 2014

Play Day 2014
6 August 2014
T: 0207 843 6300
E: playday@ncb.org.uk
W: www.playday.org.uk/

International Youth Day
12 August 2014
UN Information Centre
W: http://social.un.org/index/Youth/InternationalYouthDay.aspx
September 2014

Children's Cancer Month
Whole of September 2014
CLIC Sargent
H: 0800 197 0068
T: 0300 330 0803
W: www.clicsargent.org.uk/Home

World Alzheimer’s Month
Whole of September 2014
Alzheimer’s Disease International
T: 0207 981 0880
E: info@alz.co.uk
W: www.alz.co.uk/world-alzheimers-month

Migraine Awareness Week
7 – 13 September 2014
Migraine Action Association
T: 0166 275 8317
E: info@migraine.org.uk

National Eczema Week
13 – 21 September 2014
National Eczema Society
H: 0800 0891 122
T: 0207 281 3553
E: helpline@eczema.org
W: www.eczema.org

Balance Awareness Week
15 – 21 September 2014
Meniere’s Society
T: 0845 120 2975
E: info@menieres.org.uk

Lymphatic Cancer Awareness Week
15 – 21 September 2014
Lymphoma Association
H: 0808 808 5555
T: 01296 619 400
E: information@lymphomas.org.uk
W: www.lymphomas.org.uk

World Suicide Prevention Day
10 September 2014
I.A.S.P. (International Association for Suicide Prevention)
W: www.iasp.info/wspd/index.php

Meningitis Awareness Week
15 – 21 September 2014
Meningitis Research Foundation
H: 080 8800 3344
T: 01454 281811
E: info@meningitis.org
W: www.meningitis.org
September 2014….contd

**Sexual Health Week**  
15 - 21 September 2014  
FPA  
T: 0207 608 5240  
E: general@fpa.org.uk  
W: www.fpa.org.uk/campaigns/sexual-health-week

**Know Your Numbers Week:**  
**Blood Pressure Testing**  
15 – 21 September 2014  
Blood Pressure Association  
T: 0207 882 6255  
E: adam.myers@bloodpressureuk.org  
W: www.bloodpressureuk.org/Home

**Jeans For Genes Day**  
19 September 2014  
GOSH/PIA/MPS/CDG  
Free Phone: 0800 980 4800  
W: www.jeansforgenes.org/

**National Eye Health Week**  
22 – 28 September 2014  
E: info@visionmatters.org.uk  
W: http://www.visionmatters.org.uk/home/home

**World Heart Day**  
29 September 2014  
World Heart Federation  
‘Live, Work, Play, Join’  
W: www.world-heart-federation.org/index.php?id=123
October 2014

Flu Awareness Campaign
October – December 2014
Multi-media campaign Department of Health
T: 0207 210 4850
W: www.gov.uk/government/collections/annual-flu-programme

Breast Cancer Month
Whole of October 2014
Breast Cancer Care
H: 0808 800 6000
T: 0845 092 0800
E: info@breastcancercare.org.uk
W: www.breastcancercare.org.uk

Breast Cancer Month
Whole of October 2014
Breast Cancer Care
H: 0808 100 200
T: 0207 025 2400
E: supporterservices@breakthrough.org.uk
W: www.breakthrough.org.uk

Lupus Awareness Month
Whole of October 2014
LUPUS UK
T: 01708 731 251
E: headoffice@lupsuk.org.uk
W: www.lupsuk.org.uk

International Walk to School Month
Whole of October 2014
Living Streets
T: 0207377 4900
E: info@livingstreets.org.uk
W: www.livingstreets.org.uk/walk-with-us/walk-to-school/international-walk-to-school-month

Stoptober
Whole of October 2014
W: http://smokefree.nhs.uk/stoptober/
W: www.quit.org.uk/

International Day of Older Persons
1 October 2014
United Nations
W: www.who.int/ageing/events/idop_rationale/en/index.html
W: http://olderpeoplesday.co.uk/about/

BackCare Awareness Week - “Back in the office”
6 - 12 October 2014
Back Care
H: 0845 130 2704
T: 0208 977 5474
E: info@backcare.org.uk
W: www.backcare.org.uk

Baby Loss Awareness Week
9 – 15 October 2014
Baby Loss Awareness Campaign
T: 0845 6520 448
E: info@babyloss-awareness.org
W: www.babyloss-awareness.org
October 2014....contd

World Sight Day
9 October 2014
International Agency for the Prevention of Blindness
T: 0207 958 9394
W: www.iapb.org/advocacy/world-sight-day

World Mental Health Day
10 October 2014
World Federation for Mental Health
W: www.mentalhealth.org.uk/our-work/world-mental-health-day/world-mental-health-day-2014/

World Hospice and Palliative Care Day:
Sharing the care
11 October 2014
“Hospice and Palliative Care”
E: info@thewpca.org

World Arthritis Day
12 October 2014
W: www.worldarthritisday.org/

ADHD Awareness Week
13 – 19 October 2014
ADDISS
T: 020 8952 2800
E: info@addiss.co.uk
W: www.addiss.co.uk/

Face Your Fears Week
13 – 20 October 2014
Changing Faces
T: 0207 391 9279
E: sophie.erskine@changingfaces.org.uk
W: www.faceyourfears.org.uk

Global Hand Washing Day
15 October 2014
W: http://globalhandwashing.org/ghw-day

World Food Day
16 October 2014
United Nations Information Centre
W: http://globaldimension.org.uk/calendar/event/4254

World Osteoporosis Day
20 October 2014
National Osteoporosis Society
H: 0845 450 0230
T: 0845 130 3076
E: info@nos.org.uk
W: www.nos.org.uk
W: www.worldosteoporosisday.org/
October 2014....contd

Indoor Allergy Week
20 – 26 October 2014
Allergy UK
H: 01322 619 898
E: inof@allergyuk.org
W: www.allergyuk.org

Parents Week
20 – 26 October 2014
T: 02079 407510
E: parentsweek@familyandchildcaretrust.org
W: http://parentsweek.org.uk/

World Psoriasis Day
29 October 2014
E: ifpa@pso.se
W: www.worldpsoriasisday.com/

World Stroke Day
29 October 2014
World Stroke Organisation
E: campaigns@world-stroke.org
W: www.worldstrokecampaign.org/learn/world-stroke-day-proclamation.html

Bug Busting Day
31 October 2014
Community Hygiene Concern
H: 01908 561 928
E: bugbusters2k@yahoo.co.uk
W: www.chc.org/

Wear It Pink
31 October 2014 tbc
Breast Cancer Campaign
T: 0800 107 3104
W: www.wearitpink.co.uk
November 2014

Mouth Cancer Action Month
 Whole of November 2014
British Dental Health Foundation
T: 01788 546365
E: mail@dentalhealth.org.
W: www.mouthcancer.org/

Movember (Men’s Health Awareness Month)
 Whole of November 2014
Prostate Cancer UK
T: 0207 952 2060
E: info.uk@movember.com
W: https://uk.movember.com/

Lung Cancer Awareness Month
 Whole of November 2014
The Roy Castle Lung Cancer Foundation
T: 0333 323 7200
E: foundation@roycastle.org

Psoriasis Awareness Week
 1 - 8 November 2014
The Psoriasis Association
T: 0845 676 0076
E: mail@psoriasis-association.org.uk
W: www.psoriasis-association.org.uk

Ask Your Pharmacist Week
 3 - 10 November 2014
National Pharmacy Association
T: 01727 858687
E: npa@npa.co.uk
W: www.npa.co.uk/

National Adoption Week
 3 - 9 November 2014
British Association for Adoption and Fostering
T: 0300 222 0022
W: www.nationaladoptionweek.org.uk/

National Stress Awareness Day
 5 November 2014
International Stress Management Association UK
T: 0845 680 7083
W: www.isma.org.uk/national-stress-awareness-day/

World Diabetes Day
 14 November 2014
International Diabetes Federation
W: www.idf.org/worlddiabetesday/
Anti-Bullying Week
17 - 21 November 2014
Anti-Bullying Alliance
W: www.anti-bullyingalliance.org.uk/

Alcohol Awareness Week
17 - 23 November 2014
Alcohol Concern
T: 0207 566 9800
W: www.alcoholconcern.org.uk

Road Safety Week
17 – 23 November 2014
Brake
T: 01484 559909
E: admin@brake.org.uk
W: www.roadsafetyweek.org.uk/

Self Care Week
17 - 23 November 2014 tbc
Self Care Forum
T: 020 7421 9318
E: libby.whittaker@selfcareforum.org
W: www.selfcareforum.org/events/self-care-week/

World COPD Day
19 November 2014
Global Initiative for Chronic Obstructive Lung Disease
W: www.goldcopd.org/wcd-home.html

Universal Children’s Day
20 November 2014
UN Information Office

White Ribbon Campaign UK
25 November 2014
White Ribbon Campaign
T: 01422 886545
E: info@whiteribboncampaign.co.uk
W: www.whiteribboncampaign.co.uk/

Carers Rights Day
28 November 2014
Advice Line: 0808 808 7777
T: 0207 378 4999
E: advice@carersuk.org
W: http://www.carersuk.org
December 2014

Decembeard: Bowel cancer awareness
Whole of December 2014
T: 08450 719 300
www.beatingbowelcancer.org/decembeard

World AIDS Day
1 December 2014
The National AIDS Trust
T: 0207 814 6767
E: info@nat.org.uk
W: www.worldAIDSday.org

International Day of Person with Disabilities
3 December 2014
UN Information Office
W: www.un.org/disabilities/default.asp?id=1607

Human Rights Day
10 December 2014
UN Information Office

Festival of Winter Walks
20 December – 04 January 2015
Ramblers Association
T: 0207 339 8500
E: ramblers@ramblers.org.uk

This calendar is produced several months before many events take place. Whilst every care is taken to ensure the accuracy of the information it must be pointed out that, occasionally, the dates for events, websites addresses and telephone numbers may be changed by the lead organisations.

We accept no responsibility for changes that occur after the production of the calendar.

It is the responsibility of calendar users to check the details of events they wish to support.
# At a glance July – December 2014

## Calendar of health-related events

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<th>Event</th>
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